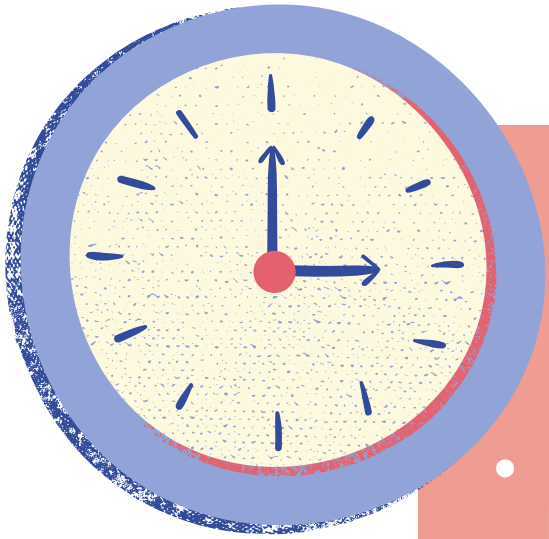
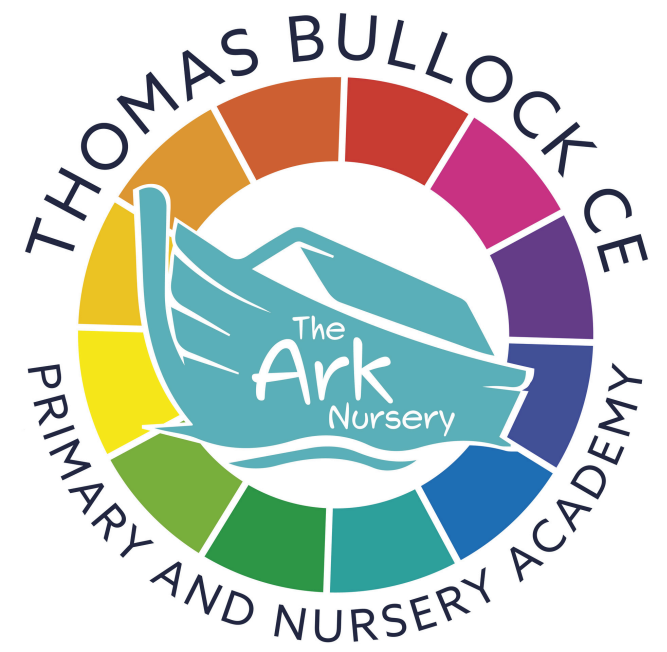


HOW TO SUPPORT MY CHILD AT HOME



ESTABLISH A ROUTINE

- Maintaining regular sleep patterns helps your child feel rested and ready to learn.
- Create a positive, stress-free start to the day to make drop-offs smoother.
- Schedule time for play and quiet activities like reading stories or completing simple puzzles.

ENCOURAGE INDEPENDENCE



- Teach them to wash hands, dress and eat independently, which boosts their confidence.
- Let them make small choices, like picking a snack or selecting a toy to play with.

PROMOTE COMMUNICATION

- Ask open-ended questions - instead of "Did you have a good day?" try "What was the most fun thing you did today?" or "What did you do with your hands today?" to encourage detailed responses.
- Have regular chats with your child, to improve their language and social skills.



REINFORCE NURSERY LEARNING

- Choose stories that align with our learning themes or child interests to enhance language and comprehension skills.
- Activities like drawing, building with blocks or role-play can nurture creativity and problem-solving skills.
- Sing songs and rhymes.



DEVELOP SOCIAL SKILLS

- Arrange opportunities for your child to interact with other children outside of nursery.
- Use toys or everyday situations to teach sharing, taking turns, and understanding others' feelings.



ENCOURAGE PHYSICAL ACTIVITY

- Activities like running, climbing and riding bikes help develop gross motor skills.
- Activities like drawing, cutting paper or threading beads help develop fine motor skills.



CREATE POSITIVE ATTITUDE TOWARD NURSERY

- Celebrate achievements and praise efforts, no matter how small!
- Use tapestry for positive conversations about experiences at nursery / school.
- Use half termly newsletters and planning resources to show interest in your child's learning.



MAINTAIN COMMUNICATION WITH US

- If your child is struggling with anything, discuss strategies with us to create a consistent approach.

